

Activity using positive touch

MISP Training date and location: Pool, Cornwall September 2016
Trainer: Anne Crease

Created by: *Write the names of the people developing the activity*
Anna, Rebecca, Lois, Hannah, Sarah and Jilly

Tick the name of the group for whom you are developing the activity

Foundation	Early years	Middle years	Upper years
(3-5 years)	(5-7 years)	(7-9 years)	(9-11 years)

Curriculum subject: PSHE/ Healthy Schools EHWB

Topic: Friendship (A focus for anti-bullying week)

Teaching points: The Power for Good (Theme for 2016)

We all have the ability to be a power for good.
We can all be friends

Introduction to the children:

What you will say to the children - Discuss what it means to be a friend

Touch / massage activity: Don't be on your own

Tune – Jelly on a plate

Verse 1

Don't be on your own	Eyeglasses
Don't be on your own	

Come and join us	Butterfly
Come and join in	

Don't be on your own	Eyeglasses
Don't be on your own	

Verse 2

As our friendship grows	Hearts
As our friendship grows	

We get stronger	Bear walk
And we conquer	

As our friendship grows	Hearts
As our friendship grows	

Provided by Anne Crease
www.touchlinetraining.co.uk