



One day Massage in Schools Programme (MISP) Refresher Course For previously trained Instructors

Note: Dates, locations and application form for the MISP Refresher Courses are given on <http://www.touchlinetraining.co.uk/Massage-in-Schools/Training-courses.aspx>

Join us: This special day will give you the opportunity to update your MISP Instructor's knowledge and skills as the MSIP has developed. You may wish to reintroduce or maintain the MISP in your organisation or consider working with children and parents.

Advice: Instructors are *advised* to attend a stroke review every *two years* so this is a great opportunity for you to access a local refresher course if you have not recently done so. Note that the **pupil premium / deprivation grant** may assist with this.

Course information: Day 2 of the two day MISP Instructor's training has been designed as a MISP Refresher Course so that both groups can benefit. There has been some excellent feedback and participants have enjoyed the opportunity to share skills and knowledge and gain new ideas and enthusiasm for MISP.

Apply: Downloaded application form from the website and send as an **email attachment no later than 3 weeks before the course.**

What you need to know:

1. Fee - £125.00 per person to include refreshments, light lunch, handouts, Refresher and Stroke Review Certificate.
2. Venue: See location given on the website
3. Content of the day:
 - Share experiences so that we learn from each other
 - Revise the 15 stroke routine for children 4-12 years to give confidence
 - Find out about and practise the strokes of the Mini-MISP for children 2-3 years
 - Experience different age related activities that can be used to support the curriculum
 - Develop some simple positive touch activities for topics that are coming up in the next term or which are 'season' related
 - Consider how to use the MISP when working with parents
 - Consider ways in which to promote the MISP in school and/or other organisations

MISA Membership: Please check that membership is up to date. Those who were members at the end of December 2015 received lifetime membership of MISA. If necessary email admin@misa.org.uk for advice. The renewal fee is £60 and will then give current non-members their lifetime membership of MISA.

Staff and parents' wellbeing: IMPACT Wellbeing Programme instructor's training

In most locations I also provide this one day training at the same venue. Look online at <http://www.touchlinetraining.co.uk/Training-courses.aspx> for details and the application. This programme is used for staff wellbeing, parent's wellbeing workshops and to support Year 6 for SATs and transition. It is appropriate for students in secondary education as well as adults in all walks of life. Let me know if this is of interest to you in your current work or let friends and colleagues know if it is likely to be of interest to them. In-house training can be provided.

What next: **Send me an email** to confirm your intention to attend as it may take a while to complete the MISP Refresher Course application and maybe renew MISA membership.

It gives me a rough estimate of numbers as I need 6 people to attend in order to be able to run the training. Contact me if there are any queries and I shall be pleased to help.

I look forward to receiving your application and to meeting you!

Kind regards

Anne

Anne Crease (MISP Trainer)



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