

IMPACT Workplace Wellbeing Programme Instructor's Agreement

To uphold the integrity of the IMPACT Wellbeing Programme and to protect your status as an Instructor, we ask that you read and sign this document.

1. When I have successfully completed my training, Touchline Training Ltd. will qualify me as an IMPACT Wellbeing Instructor and register and issue me with a password to access online resources to support my work as an Instructor.
2. The Instructor's certification will allow me to teach the relaxation techniques of the Programme to young people and adults individually or in groups. If working with a group of young people or vulnerable adults, I will ensure that an adult who knows the group is in attendance to provide support.
3. I will select and teach techniques of the Programme to suit the needs of the individual or group. If, as a normal part of my work I use other techniques to support an individual, I will make sure that they know that these are not provided by the IMPACT Programme.
4. I understand that IMPACT Instructor certification does not qualify me to practise hands on massage. Before demonstrating on an adult, I will ask permission and the adult will openly and knowingly give their permission.
5. I will teach IMPACT relaxation techniques by demonstration and then, if necessary, support this with the provided resources as appropriate.
6. The IMPACT Wellbeing Programme Instructor's Manual is protected by copyright. The manual and other online resources are for the use of IMPACT Instructors. However, I may copy specific pages from the manual and select MP3s to give to individuals or groups so that they can use the information to help them practise relaxation techniques learned in workshop sessions. The resources should be provided free of charge.
7. The Instructor's Certificate does not allow me to teach others how to be IMPACT Instructors.
8. To promote the IMPACT Wellbeing Programme I may present the Programme to public and professional groups, through lectures, media presentations and displays.
9. I am not required to re-register as an IMPACT Wellbeing Programme Instructor but I will check the website when notified of updates, to support the wellbeing of others.
10. If I commit a significant breach in the terms of this agreement my accreditation as an Instructor will be terminated and access to the website will be withdrawn.

By signing below I confirm that I have read, understood and agree with the information presented in this document.

Full name (print) Sample

Name (sign) Sample Date

Trainer's name Sample City